

Fear of Coronavirus-19 Scale

Indicate your level of agreement with the statements using a five-item Answers included “strongly disagree,” “disagree,” “neither agree nor disagree,” “agree,” and “strongly agree”. The minimum score possible for each question is 1, and the maximum is 5. A total score is calculated by adding up each item score (ranging from 7 to 35). The higher the score, the greater the fear of coronavirus-19.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
1. I am most afraid of coronavirus-19.					
2. It makes me uncomfortable to think about coronavirus-19.					
3. My hands become clammy when I think about coronavirus-19.					
4. I am afraid of losing my life because of coronavirus-19.					
5. When watching news and stories about coronavirus-19 on social media, I become nervous or anxious.					
6. I cannot sleep because I’m worrying about getting coronavirus-19.					
7. My heart races or palpitates when I think about getting coronavirus-19.					